

Raw Corn Chowder

Ingredients:

2 cups cashews
10 ears fresh corn, shucked
1 tsp parsley flakes
1 tsp garlic powder
1 cup water
Salt and pepper to taste

Directions:

1. Place all ingredients (except 2 cups corn) into a high speed blender and blend until smooth. Taste and adjust seasonings as desired.
2. To serve, stir reserved corn into the blended soup. Serve in a warm bowl.