

Marinated Vegetable Melody

- 1 Zucchini chopped
- 1 Yellow Squash Chopped
- 1 carrot chopped
- 1 teaspoon sweet basil
- 1 teaspoon dulse flakes
- 1/2 cup balsamic vinegar
- 1/2 c olive oil

Combine balsamic vinegar, olive oil, dulse flakes and sweet basil.

Toss chopped vegetables with balsamic vinegar mixture. Let marinate for at least 1 hour. Enjoy