

Avocado Chocolate Pudding

Ingredients:

2 avocados

1/3 cup cocoa powder

4 dates

1/4 cup monk fruit sweetener

1/4 cup unsweetened vanilla almond milk

1 tsp vanilla extract

A pinch of salt

Directions:

1. Combine all ingredients in a high speed blender and blend until smooth
2. Cool in refrigerator for 15 minutes before enjoying.